We claim:

1. A method of enhancing collateral blood vessel formation which comprises the step of directly administering to a desired site an effective amount of autologous bone marrow.

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- 2. The method of Claim 1, wherein the autologous bone marrow is injected.
- 3. The method of Claim 1, wherein the autologous bone marrow is injected intramyocardially.
- 4. The method of Claim 3, wherein the autologous bone marrow is injected trans-epicardially or trans-endocardially.

- 5. The method of Claim 4, wherein with the trans-endocardial approach a catheter-based approach is used.
- 6. The method of Claim 1, wherein the autologous bone marrow is injected peripherally into the limb intramuscularly.
- 7. The method of Claim 1, wherein the autologous bone marrow has been stimulated.
 - 8. The method of Claim 7, wherein the autologous bone marrow has been stimulated by contact with one or more cytokines or other proteins or stimulating agents.
 - 9. The method of Claim 7, wherein the cytokines are selected from the group consisting of HIF-1, EPAS1, MCP-1, and CM-CSF.
- The method of Claim 7, wherein the autologous bone marrow has been transfected with vectors carrying relevant genes.

- 11. The method of Claim 10, wherein the autologous bone marrow has been transfected with a plasmid vector or an adenoviral vector, or any other vector demonstrated to be effective for gene transfer, carrying the HIF-1 or EPAS1 transgene, or any other transgene demonstrated to be effective in enhancing the capacity of bone marrow to induce angiogenesis.
- 12. The method of Claim 7, wherein the autologous bone marrow has been stimulated by transient exposure to hypoxia or a form of energy.
- 13. The method of Claim 7, wherein conditioned medium derived from autologous bone marrow growing in culture is injected into the ischemic heart or limb.
- 10 14. The method of Claim 1, wherein the autologous bone marrow is administered in combination with a pharmacological drug, protein, or gene or any other compound or therapy that may enhance bone marrow production of angiogenic growth factors and/or promote endothelial cell proliferation, migration, or blood vessel formation.
- 15. The method of Claim 14, wherein the autologous bone marrow and the other agent or agents are administered together.
 - 16. The method of Claim 14, wherein the autologous bone marrow and the other agent or agents are combined prior to administration.
 - 17. The method of Claim 16, wherein the autologous bone marrow has been stimulated.
- 20 18. The method of Claim 1, wherein ischemic tissue is treated.
 - 19. A method of promoting the development of newly implanted myocardial cells which comprises the step of directly administering an effective amount of autologous bone marrow.

- 20. The method of Claim 19, wherein the autologous bone marrow is injected.
- 21. The method of Claim 19, wherein the autologous bone marrow is injected intramyocardially.
- 22. The method of Claim 21, wherein the autologous bone marrow is injected trans-epicardially or trans-endocardially.
- 23. The method of Claim 22, wherein with the trans-endocardial approach a catheter-based approach is used.
- 24. The method of Claim 19, wherein the autologous bone marrow is injected peripherally into the limb intramuscularly.
- 25. The method of Claim 19, wherein the autologous bone marrow has been stimulated.
- 26. The method of Claim 25, wherein the autologous bone marrow has been stimulated by contact with one or more cytokines or other proteins or stimulating agents.
- The method of Claim 25, wherein the cytokines are selected from the group consisting of HIF-1, EPAS1, MCP-1, and CM-CSF.
 - 28. The method of Claim 25, wherein the autologous bone marrow has been transfected with vectors carrying relevant genes.
 - 29. The method of Claim 28, wherein the autologous bone marrow has been transfected with a plasmid vector or an adenoviral vector, or any other vector demonstrated to be effective for gene transfer, carrying the HIF-1 or EPAS1 transgene, or any other transgene demonstrated to be effective in enhancing the capacity of bone marrow to induce angiogenesis.

- 30. The method of Claim 25, wherein the autologous bone marrow has been stimulated by transient exposure to hypoxia or a form of energy.
- 31. The method of Claim 25, wherein conditioned medium derived from autologous bone marrow growing in culture is injected into the ischemic heart or limb.
- 32. The method of Claim 19, wherein the autologous bone marrow is administered in combination with a pharmacological drug, protein, or gene or any other compound or therapy that may enhance bone marrow production of angiogenic growth factors and/or promote endothelial cell proliferation, migration, or blood vessel formation.
- 33. The method of Claim 32, wherein the autologous bone marrow and the other agent or agents are administered together.
- 34. The method of Claim 32, wherein the autologous bone marrow and the other agent or agents are combined prior to administration.
- 35. The method of Claim 34, wherein the autologous bone marrow has been stimulated.
- 36. A method of improving the electrical conductivity of the heart of a patient with cardiac electrical pathway impairment, which comprises the step of administering an effective amount of autologous bone marrow.
 - 37. The method of Claim 36, wherein the autologous bone marrow is injected.
- 38. The method of Claim 36, wherein the autologous bone marrow is injected intramyocardially.
 - 39. The method of Claim 38, wherein the autologous bone marrow is injected trans-epicardially or trans-endocardially.

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- 40. The method of Claim 39, wherein with the trans-endocardial approach a catheter-based approach is used.
- 41. The method of Claim 36, wherein with the trans-endocardial approach the autologous bone marrow is injected peripherally into the limb intramuscularly.
- 42. The method of Claim 36, wherein the autologous bone marrow has been stimulated.
- 43. The method of Claim 42, wherein the autologous bone marrow has been stimulated by contact with one or more cytokines or other proteins or stimulating agents.
- 44. The method of Claim 42, wherein the cytokines are selected from the group consisting of HIF-1, EPAS1, MCP-1, and CM-CSF.
- 45. The method of Claim 42, wherein the autologous bone marrow has been transfected with vectors carrying relevant genes.
- 46. The method of Claim 45, wherein the autologous bone marrow has been transfected with a plasmid vector or an adenoviral vector, or any other vector demonstrated to be effective for gene transfer, carrying the HIF-1 or EPAS1 transgene, or any other transgene demonstrated to be effective in enhancing the capacity of bone marrow to induce angiogenesis.
- 47. The method of Claim 42, wherein the autologous bone marrow has been stimulated by transient exposure to hypoxia or a form of energy.
- 20 48. The method of Claim 42, wherein conditioned medium derived from autologous bone marrow growing in culture is injected into the ischemic heart or limb.
 - 49. The method of Claim 36, wherein the autologous bone marrow is administered in combination with a pharmacological drug, protein, or gene or any other

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compound or therapy that may enhance bone marrow production of angiogenic growth factors and/or promote endothelial cell proliferation, migration, or blood vessel formation.

- 50. The method of Claim 49, wherein the autologous bone marrow and the other agent or agents are administered together.
- 51. The method of Claim 49, wherein the autologous bone marrow and the other agent or agents are combined prior to administration.
- 52. The method of Claim 51, wherein the autologous bone marrow has been stimulated.
- 53. A method of enhancing myocardial function in a patient with impaired myocardial function, which comprises the step of administering an effective amount of autologous bone marrow.
 - 54. The method of Claim 53, wherein the autologous bone marrow is injected.
 - 55. The method of Claim 53, wherein the autologous bone marrow is injected intramyocardially.
- 15 56. The method of Claim 55, wherein the autologous bone marrow is injected trans-epicardially or trans-endocardially.
 - 57. The method of Claim 56, wherein with the trans-endocardial approach a catheter-based approach is used.
- 58. The method of Claim 53, wherein the autologous bone marrow is injected peripherally into the limb intramuscularly.
 - 59. The method of Claim 53, wherein the autologous bone marrow has been stimulated.

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- 60. The method of Claim 59, wherein the autologous bone marrow has been stimulated by contact with one or more cytokines or other proteins or stimulating agents.
- 61. The method of Claim 59, wherein the cytokines are selected from the group consisting of HIF-1, EPAS1, MCP-1, and CM-CSF.
- 62. The method of Claim 59, wherein the autologous bone marrow has been transfected with vectors carrying relevant genes.
- 63. The method of Claim 62, wherein the autologous bone marrow has been transfected with a plasmid vector or an adenoviral vector, or any other vector demonstrated to be effective for gene transfer, carrying the HIF-1 or EPAS1 transgene, or any other transgene demonstrated to be effective in enhancing the capacity of bone marrow to induce angiogenesis.
- 64. The method of Claim 59, wherein the autologous bone marrow has been stimulated by transient exposure to hypoxia or a form of energy.
- 65. The method of Claim 59, wherein conditioned medium derived from autologous bone marrow growing in culture is injected into the ischemic heart or limb.
 - 66. The method of Claim 53, wherein the autologous bone marrow is administered in combination with a pharmacological drug, protein, or gene or any other compound or therapy that may enhance bone marrow production of angiogenic growth factors and/or promote endothelial cell proliferation, migration, or blood vessel formation.
- 67. The method of Claim 66, wherein the autologous bone marrow and the other agent or agents are administered together.
- 68. The method of Claim 66, wherein the autologous bone marrow and the other agent or agents are combined prior to administration.



- 69. The method of Claim 68, wherein the autologous bone marrow has been stimulated.
- 70. A method of treating an atrial or ventricular condition in the heart of a patient, which comprises the step of administering an effective amount of autologous bone marrow.
 - 71. The method of Claim 70, wherein the autologous bone marrow is injected.
- 72. The method of Claim 70, wherein the autologous bone marrow is injected intramyocardially.
- 73. The method of Claim 72, wherein the autologous bone marrow is injected trans-epicardially or trans-endocardially.
- 74. The method of Claim 73, wherein with the trans-endocardial approach a catheter-based approach is used.
- 75. The method of Claim 70, wherein the autologous bone marrow is injected peripherally into the limb intramuscularly.
- The method of Claim 70, wherein the autologous bone marrow has been stimulated.
 - 77. The method of Claim 76, wherein the autologous bone marrow has been stimulated by contact with one or more cytokines or other proteins or stimulating agents.
- 78. The method of Claim 76, wherein the cytokines are selected from the group consisting of HIF-1, EPAS1, MCP-1, and CM-CSF.
 - 79. The method of Claim 76, wherein the autologous bone marrowhas been transfected with vectors carrying relevant genes.

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80. The method of Claim 79, wherein the autologous bone marrow has been transfected with a plasmid vector or an adenoviral vector, or any other vector demonstrated to be effective for gene transfer, carrying the HIF-1 or EPAS1 transgene, or any other transgene demonstrated to be effective in enhancing the capacity of bone marrow to induce angiogenesis.

- 81. The method of Claim 76, wherein the autologous bone marrow has been stimulated by transient exposure to hypoxia or a form of energy.
- 82. The method of Claim 76, wherein conditioned medium derived from autologous bone marrow growing in culture is injected into the ischemic heart or limb.
- 10 83. The method of Claim 70, wherein the autologous bone marrow is administered in combination with a pharmacological drug, protein, or gene or any other compound or therapy that may enhance bone marrow production of angiogenic growth factors and/or promote endothelial cell proliferation or migration, or blood vessel formation.
- 15 84. The method of Claim 83, wherein the autologous bone marrow and the other agent or agents are administered together.
 - 85. The method of Claim 83, wherein the autologous bone marrow and the other agent or agents are combined prior to administration.
- 86. The method of Claim 85, wherein the autologous bone marrow has been 20 stimulated.
 - 87. A composition for the treatment of a cardiac or myocardial condition, which comprises an effective amount of autologous bone marrow, wherein the cardiac or myocardial condition is treated.

- 88. The composition of Claim 87, wherein the autologous bone marrow has been stimulated.
- 89. The composition of Claim 88, wherein the autologous bone marrow has been stimulated by contact with one or more cytokines or other proteins or stimulating agents.
- 90. The composition of Claim 89, wherein the cytokines are selected from the group consisting of HIF-1, EPAS1, MCP-1, and CM-CSF.
- 91. The composition of Claim 88, wherein the autologous bone marrow has been transfected with vectors carrying relevant genes.
- 92. The composition of Claim 91, wherein the autologous bone marrow has been transfected with a plasmid vector or an adenoviral vector, or any other vector demonstrated to be effective for gene transfer, carrying the HIF-1 or EPAS1 transgene, or any other transgene demonstrated to be effective in enhancing the capacity of bone marrow to induce angiogenesis.
- 93. The composition of Claim 89, wherein the autologous bone marrow has been stimulated by exposure to hypoxia.
 - 94. The composition of Claim 89, wherein conditioned medium derived from autologous bone marrow growing in culture is injected into the ischemic heart or limb.
 - 95. The composition of Claim 87, wherein the autologous bone marrow is administered in combination with a pharmacological drug, protein, or gene or any other compound or therapy that may enhance bone marrow production of angiogenic growth factors and/or promote endothelial cell proliferation, migration, or blood vessel formation.
 - 96. The composition of Claim 87 which comprises heparin or another anticoagulent.

- 97. The composition of Claim 87 for enhancing collateral blood vessel formation.
- 98. The composition of Claim 87 for promoting the development of newly implanted myocardial cells.
- 99. The composition of Claim 87 for improving the electrical conductivity of the heart of a patient with cardiac electrical pathway impairment.
- 100. The composition of Claim 87 for enhancing the myocardial function in a patient with impaired myocardial function.
- 101. The composition of Claim 87 for treating a left or right ventricular condition causing impaired heart function in the heart of a patient.
- 102. The composition of Claim 87 for affecting the contractility of a patient's heart.